

Double plays: Feeds by 2nd Short Stop

1. Backhand feed (Ball hit some distance to right of SS)



- Field in front of right foot
- Open left leg to target
- Stay low
- Throw face-high to 2B

2. Unassisted turn (when fielding DP chance close to 2B)



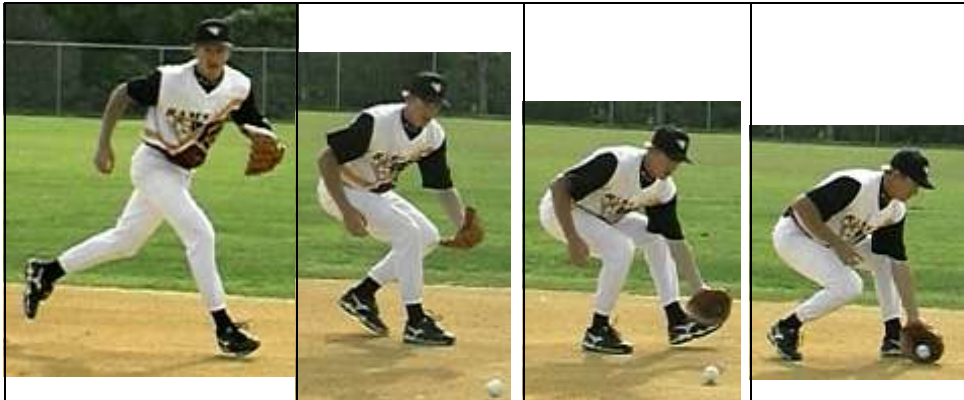
- Field
- Maintain momentum toward base



- Adjust feet to allow left foot to come down on base as throw is made

Double plays: Feeds by 2nd baseman

Reverse pivot (Ball hit substantially to right of 2nd baseman)






- Move rapidly to path of ball
- Lower body as you approach
- Field ball to side of body using one hand
- Halt momentum away from base



- Replace feet while turning glove side
- Retain low posture
- Move ball into throwing position simultaneously
- Make a firm face-high throw to SS

Double plays: Turns by Shortstop

Inside turn (throw to inside of base)

						
<ul style="list-style-type: none">• Right toe on left-field corner of bag• Athletic, lively posture	<ul style="list-style-type: none">• Read direction of throw	<ul style="list-style-type: none">• Move right foot out behind path of throw	<ul style="list-style-type: none">• Drag left foot across bag	<ul style="list-style-type: none">• Swivel on right foot	<ul style="list-style-type: none">• Step directly to base• Make firm, accurate throw• Be ready to lift cleats clear of ground (if collision is likely)	

(Frame-by-frame sequences of Chris Clem captured by Peter Gahan, 2003. Text by Peter Gahan)

Double plays: Turns by Second Baseman

1. Routine turn (Accurate throw from SS or 3B)



- Left toe on centre-field corner of base
- Wide base
- Shoulders aligned to 1B

- Move weight onto right foot and turn left foot as ball is transferred for throw

- Firm accurate throw
- Be ready to lift cleats off ground (if collision with runner is likely)

Variation










- Feet adjacent to corners of base
- Shoulders aligned to 1B
- Read throw

- Move right foot to base as ball is transferred for throw



- Step toward 1B

- Firm accurate throw
- Be ready to lift cleats off ground

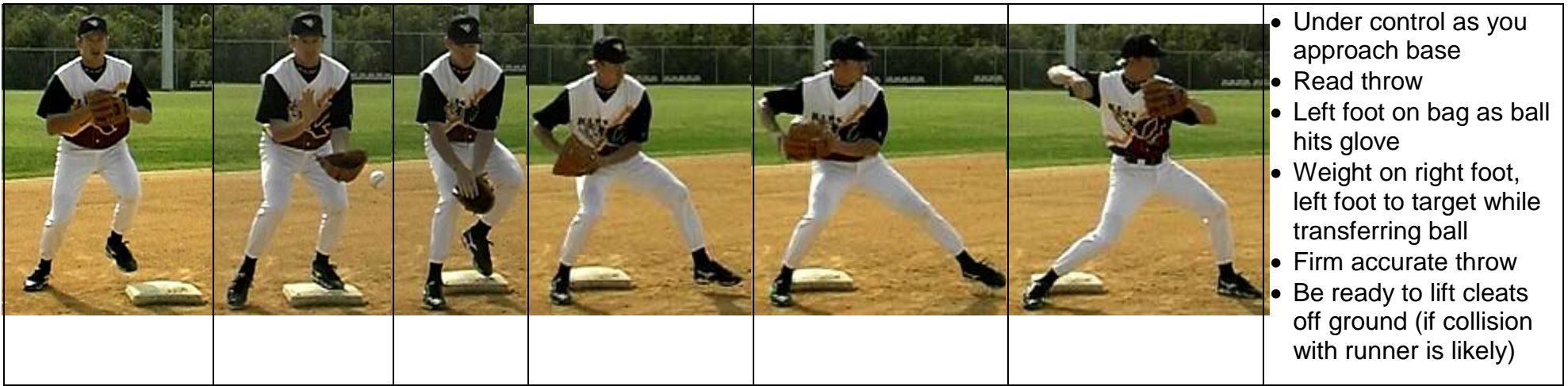
2. Wide throw (to centre-field side)

						
<ul style="list-style-type: none"> • Set up as for a routine feed 	<ul style="list-style-type: none"> ▪ Step wide with right foot • Retain base contact with left foot 	<ul style="list-style-type: none"> • Drag left foot as anchor to prevent help retain balance 	<ul style="list-style-type: none"> • Drive off right foot to throw 			

3. Wide throw (to infield side)

						
<ul style="list-style-type: none"> • Set up as for a routine feed 	<ul style="list-style-type: none"> • Step to ball (over base) with left foot 	<ul style="list-style-type: none"> • Replace feet & throw • Be ready to lift cleats off ground (if collision with runner is likely) 				

Variation on a low feed, moving through the base (Inaccurate throw from SS or 3B)











Double plays: Feeds by Third Baseman

1. Backhand double play (ball non-glove side)



2. Self-executed double play (with runners on 1st & 2nd, ball on backhand side which leads 3rd Baseman to base")

				<ul style="list-style-type: none">• Field the ball• Maintain momentum toward the base
				<ul style="list-style-type: none">• Adjust footwork to touch base with right foot• Push off toward 1B• Fire & follow